



SUMMER HOUSING OPTIONS

Students attending the IEI's summer session may choose from several housing options. Students who have applied for a Summer Residence Hall will be assigned to Daniels Hall (www.housing.uiuc.edu). Hendrick House (www.hendrickhouse.com) is another popular on-campus choice for students who prefer to live in a dorm, as well as the comfortable on-campus private apartment/dormitory complexes such as Europa House (www.europa-house.org) or Illini Tower (www.illinitower.net), both of which offer individual leases for the summer. Off-campus, many IEI students have chosen to live in the Atrium Apartments (www.atrium-apartments.com); other off-campus options can be found using the Apartment Finder at dailyillini.com/classifieds/apartmentsearch.html. Finally, students who wish to have an American family experience can apply online for a homestay arrangement at www.azhomestay.com.

It is highly recommended that IEI summer applicants apply at their earliest convenience to get their preferred housing choices.

TEACHER FEATURE

Instructor John Hudson



Outside of class, I enjoy introducing IEI students to my favorite sport: powerlifting. Powerlifting is a strength sport for men and women consisting of three lifts: the squat, the bench press, and the deadlift. (It is

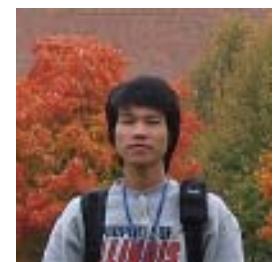
not Olympic weightlifting, where heavy weights are lifted overhead.) I have competed in powerlifting for more than 20 years, have won five national championships and one world championship, and set numerous records including three national records. IEI students who train with me learn the fundamentals of safe and effective power training. If, after a few workouts, they find that they enjoy the sport, they become members of Illini Powerlifting, the official powerlifting club of the University of Illinois (and defending World Team Champions from 2005!). As members of this club, IEI powerlifters make many new American friends and have

abundant opportunities to practice their English with native speakers. They also learn more about American culture as they participate in the training, social, and competitive activities of the team. A highlight of this experience for IEI powerlifters is the opportunity to represent their home countries in competition at the regional, national, and international levels. In 2004, for example, our first IEI powerlifter traveled with us to Reno, Nevada for the WABDL World Championships where he represented South Korea and placed sixth. In 2005, two IEI powerlifters joined us at the World Championships. One, a young woman representing Taiwan, placed fourth; the other, a young man representing South Korea, placed fifth. Both lifters set official WABDL Illinois state records with their lifts. For me, it is a great joy to see the happiness of IEI students as they are welcomed by the members of Illini Powerlifting. IEI powerlifters find that their new American teammates are genuinely interested in them as individuals and are eager to see them succeed in their training. I also take a great deal of satisfaction in watching IEI powerlifters improve in their technique, strength, and overall physical fitness. But by far the most rewarding aspect of introducing IEI students to powerlifting is the chance to see them enjoy the thrill and feel the deep sense of pride that comes from putting their skills to the test in competition. As our IEI powerlifter from Taiwan said after receiving her fourth place medal at the World Championships in 2005, "I never imagined this was possible. I will never forget this day!"

FROM THE STUDENTS

IEI Student Wins Prestigious Award

Le Khac Hieu from Vietnam attended the special IEI language program sponsored by the Vietnam Education Foundation (VEF) in summer 2004, and is now pursuing a Master's MA degree in Computer Science at the University of Illinois. This past December, at the VEF Conference in Irvine-California, he won the Best Presentation Award given by the National Academy of Sciences and VEF. Modest as he is, he considers it a "small success," but says, "I am proud of it because I was voted by the audiences and by my peers who are very critical thinkers. Honestly, giving a presentation is always a challenge for me, but what I learned from the speaking class at the IEI helps me know how to do that confidently and professionally."



Congratulations, Hieu! We are very proud of you, too!

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**Registration for Summer 2006 Classes Begins June 4th -
We Are Now Accepting Applications for Summer and for Fall 2006!**

<http://www.iei.uiuc.edu> • iei@uiuc.edu

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